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MuckFest MS Brings Muddy Fun with a Cause to the Solano County Fairgrounds on October 1

5K Mud Run and obstacle course raises funds to fight Multiple Sclerosis

Solano County, CA – Thousands of participants are expected to get down and get dirty at MuckFest MS Bay Area happening this Sunday, October 1 at the Solano County Fairgrounds. “MuckFest MS is the FUN mud run with the best obstacles,” say event organizers, Event 360. “No special training or equipment is required and it’s designed for every level of athleticism from beginner to advanced”.

Fired-up and fun-loving teams of friends, family and coworkers run on a well-designed 5K course, featuring super-sized obstacles and mud from start to finish. More than just an active, messy, social outing, MuckFest MS is an event with a cause. 100% of the funds raised by MuckFest MS runners support the National Multiple Sclerosis Society’s mission to stop MS in its tracks, restore what has been lost, and end MS forever. To date, MuckFest MS event participants have raised more than \$27 million since its inception.

Multiple sclerosis is an unpredictable, often disabling disease of the central nervous system that disrupts the flow of information within the brain, and between the brain and body. Symptoms vary from person to person and range from numbness and tingling, to walking difficulties, fatigue, dizziness, pain, depression, blindness and paralysis. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatment are leading to better understanding and moving us closer to a world free of MS. Most people with MS are diagnosed between the ages of 20 and 50, with at least two to three times more women than men being diagnosed with the disease. MS affects more than 2.3 million people worldwide.



Last year alone, the National Multiple Sclerosis Society, through their comprehensive nationwide network of services, devoted more than \$100 million to connect approximately one million people affected by MS to the connections, information and resources they need. To move closer to a world free of MS, the Society also invested \$42 million to support more than 380 new and ongoing research projects around the world.

MuckFest MS Bay Area Details:

- Sunday, October 1 at the Solano County Fairgrounds
- Registration opens at 7:30 a.m.; first wave of runners starts at 9:00 a.m.
- Registration cost and information available at www.MuckFestMS.com
- Parking is \$12 per vehicle
- Thousands of participants slogging their way through outrageous and muddy obstacles that spin, swing, and fling them up, down, and sideways.
- ALL NEW IN 2017! What's better than a waterslide? One that goes into a big muddy pool, of course! Brand new this year is the Slippy Sloppy, where you are certain to end up in a mud bath!
- Interview opportunities with National MS Society representatives and MuckFest MS participants, including people living with MS, and family and friends cheering on the muddy participants.

Established in 1949 to produce the annual County Fair, the Solano County Fair Association is a 501(c)3 non-profit agency that is governed by a Board of Directors which is appointed by the Solano County Board of Supervisors. The Solano County Fair Association has been providing educational, cultural, artistic, commercial and recreational programs to the residents of Solano County for over 65 years. The mission of the Solano County Fair Association is “to ensure a positive experience for the public by providing a year-round multi-purpose venue that showcases and celebrates the wide variety of resources and activities available to our diverse community.”

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